



3000 MUSCLE MASS

SUPPLEMENT FACTS

Serving Size: 50 g
Servings per Container: 26 & 90
Flavour: Vanilla

| Typical Nutritional Values | | |
|----------------------------|--------------------|--------------------|
| | /150 g | /100 g |
| Energy | 598 kcal (2521 kJ) | 398 kcal (1681 kJ) |
| Fat | 2,2 g | 1,5 g |
| - Saturates | 1,4 g | 0,9 g |
| Carbohydrates | 118,7 g | 79,1 g |
| - Sugars | 61,1 g | 40,7 g |
| Protein | 25,1 g | 16,8 g |
| Salt | 0,11 g | 0,07 g |
| Amino Acids | /150 g | /100 g |
| L-Glutamic Acid | 4470 mg | 2980 mg |
| L-Prolin | 1485 mg | 990 mg |
| L-Leucin (BCAA) | 2610 mg | 1740 mg |
| L-Lysin | 2280 mg | 1520 mg |
| L-Aspartic Acid | 2715 mg | 1810 mg |
| L-Valin (BCAA) | 1275 mg | 850 mg |
| L-Tyrosin | 735 mg | 490 mg |
| L-Serin | 1230 mg | 820 mg |
| L-Isoleucin (BCAA) | 1485 mg | 990 mg |
| L-Phenylalanin | 780 mg | 520 mg |
| L-Threonin | 1785 mg | 1190 mg |
| L-Arginin | 600 mg | 400 mg |
| L-Methionin | 525 mg | 350 mg |
| L-Histidin | 450 mg | 300 mg |
| L-Alanin | 1230 mg | 820 mg |
| Glycin | 420 mg | 280 mg |
| L-Tryptophan | 450 mg | 300 mg |
| L-Cystein | 585 mg | 390 mg |
| Vitamins | /150 g | /100 g |
| Vit. B5 | 4,568 mg (76%*) | 3,045 mg |
| Niacin | 13,704 mg (86%*) | 9,136 mg |
| Vit. B6 | 1,523 mg (109%*) | 1,015 mg |
| Vit. B2 | 1,218 mg (87%*) | 0,812 mg |
| Vit. B12 | 2,82 µg (113%*) | 1,88 µg |

* Nutrient references values

INGREDIENTS: maltodextrine, dextrose, whey protein concentrate (contains **milk**), flavour, fructose, thickening agents E412/E466, vit. B3 (Nicotinamide), sweetener E951, vit. B5 (D-pantothenate, calcium), vit. B12 (Cyanocobalamin), vit. B6 (Pyridoxine hydrochloride), vit. B2 (Riboflavin). Contains a source of phenylalanine.

ALLERGEN INFORMATION: milk.