



# WE BUILD CHAMPIONS



## SUPPLEMENT FACTS

Serving Size: 4 caps  
Servings per Container: 30

### Typical Nutritional Values

	/4 caps	/100 g
Energy	1,2 kcal (4,4 kJ)	63 kcal (265 kJ)
Fat	< 0,1 g	0,74 g
- Saturates	< 0,1 g	0,69 g
Carbohydrates	0,12 g	7,3 g
- Sugars	0 g	0 g
Protein	0,28 g	15,4 g
Salt	< 0,01 g	0,01 g
<b>HMB*</b>	<b>1000 mg</b>	<b>58,69 g</b>

\*(calcium beta-hydroxy beta-methylbutyrate)

**INGREDIENTS:** calcium beta-hydroxy beta-methylbutyrate, gelatine, bulking agents: E341 & E470b, maize starch, anticaking agent: E551, colour E171.



## MUSCLE STRENGTH

Beta-Hydroxy-beta-methylbutyric (HMB) is a metabolite of leucine (one of the most free form amino acids available in the body), naturally produced by the body, but only in small quantities. For best results, combine HMB with creatine monohydrate, which increases physical performance.

- SUPPORTS MUSCLE RECOVERY
- ACCELERATES GAINS IN MUSCLE SIZE AND STRENGTH
- PACKAGING: 120 CAPSULES
- USE: TAKE 4 CAPSULES DAILY WITH YOUR LAST MEAL. FOR BEST RESULT COUPLE HMB WITH CREATINE MONOHYDRATE

This food supplement should not be used to replace a balanced and varied diet and a healthy way of life. Keep away from young children. Do not exceed the recommended dose.