

QNT

WE BUILD CHAMPIONS



SUPPLEMENT FACTS

Serving Size: 30 g

Servings per Container: 13

Flavour: Lemon

Typical Nutritional Values

	/60 g	/100 g
Energy	204 kcal/854 kJ	340 kcal/1423 kJ
Protein	< 0,1 g	< 0,1 g
Carbohydrate	51,1 g	85,1 g
- Sugars	33,5 g	55,2 g
Fat	< 0,1 g	< 0,1 g
Sodium	< 0,1 g	< 0,1 g
Waxy Maize Starch	6000 mg	10000 mg
Beta Alanine	600 mg	1000 mg
VIT. C	(135% *) 108 mg	180 mg
Niacine	(34% *) 5,48 mg	9,14 mg
Pantothenic acid	(30% *) 1,83 mg	3,04 mg
VIT. B6	(44% *) 0,61 mg	1,01 mg
VIT. B2	(35% *) 0,49 mg	0,81 mg
VIT. B12	(45% *) 1,13 µg	1,88 µg
Calcium	(15% *) 120 mg	200 mg
Potassium	(30% *) 600 mg	1000 mg
Magnesium	(36% *) 135 mg	225 mg

* Recommended Daily Allowance

INGREDIENTS: dextrose, maltodextrine, waxy maize starch, anti-caking agents E551 & E341, fructose, potassium chloride, acidifier E330, beta alanine, magnesium citrate, calcium phosphate, flavour, vit. C (L-ascorbic acid), magnesium oxide, sweetener: E955, vit. B3 (nicotinamide), colours E102/E133, vit. B5 (D-pantothenate, calcium), vit. B6 (pyridoxine hydrochloride), vit. B2 (riboflavin), vit. B12 (cyanocobalamin).

ALLERGEN INFORMATION: gluten.

▶ ENDURANCE & RECOVERY

Full Energy is a combination of fast absorbing carbohydrates (dextrose, fructose) and slow absorbing carbohydrates (waxy maize). The carbohydrates and electrolyte it contains contribute to the maintenance of performance during prolonged endurance exercise. This new generation of energy powder also contains beta alanine and vitamin B.

- ▶ POWERFUL ENERGY BOOSTING INGREDIENTS
- ▶ IDEAL FOR ENDURANCE ATHLETES
- ▶ HELPS IMPROVE EXERCISE PERFORMANCE
- ▶ FLAVOURS: LEMON, PUNCH
- ▶ PACKAGING: 400 G
- ▶ USE: MIX 30G IN 500ML WATER BEFORE AND AFTER EXERCISE

This food supplement should not be used to replace a balanced and varied diet and a healthy way of life. Keep away from young children. Do not exceed the recommended dose.