



# WE BUILD CHAMPIONS



## SUPPLEMENT FACTS

Serving Size: 5 gelcaps  
Servings per Container: 12

### Typical Nutritional Values

|               | /5 gelcaps        | /100 g              |
|---------------|-------------------|---------------------|
| Energy        | 100 kcal (420 kJ) | 1540 kcal (6468 kJ) |
| Fat           | 5 g               | 77 g                |
| - Saturates   | 1 g               | 15,4 g              |
| Carbohydrates | 0 g               | 0 g                 |
| - Sugars      | 0 g               | 0 g                 |
| Protein       | 0 g               | 0 g                 |
| Salt          | 0 g               | 0 g                 |
| Fish oil      | 5000 mg           | 76923 mg            |
| Of which EPA  | 900 mg            | 13846 mg            |
| Of which DHA  | 600 mg            | 9231 mg             |
| Vit. E        | (250%*) 30 mg     | 462 mg              |

\*Nutrient references values

**INGREDIENTS:** fish oil, water, gelatin, glycerine, vit. E (D-alpha-tocopherol).

**ALLERGEN INFORMATION:** fish.



## BRAIN & HEART FUNCTIONS

Omega 3 is one of the essential fatty acids that are vital to the human body, though the body cannot produce them. Composed of 13% of EPA and 9% of DHA, it contributes to the maintenance of the normal function of the heart and the brain.

- ESSENTIAL FATTY ACIDS
- HELPS PREVENT CARDIO-VASCULAR DISEASES
- CONTRIBUTES TO THE NORMAL BRAIN AND HEART FUNCTIONS
- PACKAGING: 60 GELCAPS
- USE: TAKE 5 GELCAPS PER DAY

This food supplement should not be used to replace a balanced and varied diet and a healthy way of life. Keep away from young children. Do not exceed the recommended dose.